

# **Board of Directors**

# Meeting

Tuesday, October 22, 2013

2:00 p.m.

# **Central Health Administrative Offices**

1111 E. Cesar Chavez St.

Austin, Texas 78702

# AGENDA\*

- I. Call to Order and Record of Attendance
- II. Public Comments
- III. General Business

# A. Consent Agenda

All matters listed under the Consent Agenda will be considered by the Board of Directors to be routine and will be enacted by one motion. There will be no separate discussion of these items unless members of the Board request specific items to be moved from the Consent Agenda to the Regular Agenda for discussion prior to the time the Board of Directors votes on the motion to adopt the Consent Agenda.

1. Approve minutes from the September 10, 2013 CCC Board of Directors meeting.

# B. Regular Agenda

- 1. Announce appointment of the Advisory Committee Chair.
- 2. Announce appointment of Jeff Knodel to replace Juan Garza on the CCC Board of Directors.
- 3. Present and discuss new CCC logo.

- 4. Discuss and take appropriate action on the CCC Strategic Plan Mission, Vision, Values, Foundational Elements, and Goal Statements.
- 5. Discuss and take appropriate action on a new CCC Three-Year DSRIP Project.
- 6. Present and discuss CCC Financial Statements as of September 30, 2013.

# IV. Closed Session

# V. Closing

\*The Board of Directors may take items in an order that differs from the posted order.

The Board of Directors may consider any matter posted on the agenda in a closed session if there are issues that require consideration in a closed session and the Board announces that the item will be considered during a closed session.

Consecutive interpretation services from Spanish to English are available during Citizens Communication or when public comment is invited. Please notify the front desk on arrival if services are needed.

Los servicios de interpretación consecutiva del español al inglés están disponibles para la comunicación de los ciudadanos o cuando se invita al público a hacer comentarios. Si necesita estos servicios, al llegar sírvase notificarle al personal de la recepción.



October 22, 2013

# **AGENDA Item III-A-1**

Approve minutes from the September 10, 2013 CCC Board of Directors meeting.





October 22, 2013

# **AGENDA Item III-B-1**

Announce appointment of the Advisory Committee Chair.



October 22, 2013

# **AGENDA Item III-B-2**

Announce appointment of Jeff Knodel to replace Juan Garza on the CCC Board of Directors.





# Board of Directors Meeting October 22, 2013

# **AGENDA Item III-B-3**

Present and discuss new CCC logo.



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# **AGENDA Item III-B-4**

Discuss and take appropriate action on the CCC Strategic Plan Mission, Vision, Values, Foundational Elements, and Goal Statements.

# Proposed Initial Strategic Plan for the Community Care Collaboration (CCC)

# Proposed Vision (Desired End State):

A healthcare delivery system that is a national model for providing high quality, cost-effective, person-centered care and improving health outcomes

# Proposed Mission (How to reach Vision):

Create an integrated healthcare delivery system for identified vulnerable populations in Travis County that considers the improve care delivery whole person, engages patients as part of the care team, focuses on prevention and wellness and utilizes outcome data to

# **Foundational Elements and Goal Statements:**

that demonstrates – To more effectively and efficiently serve its target population, the CCC is committed to creating an integrated delivery system

- Person-Centered and Population-Focused Care Delivery
- Clinical Integration and Care Coordination
- Continuous Quality Improvement and Innovation
- Continuity of Information
- System Alignment and Accountability

# **CCC Values:**

- Person Centered:
- We are responsive to the needs and interests of the people we serve.
- Accountable:
- We are responsible to our patients, our partners and the public.
- Innovative:
- We encourage new ideas and creativity at every level of the organization.
- Collaborative:
- We partner to improve the delivery of care and health outcomes for people we serve.
- Adaptable:
- We are flexible and resilient.

# CCC High-Level Strategic Plan FY14-FY19

Provide person-centered and population-focused care by creating a system that facilitates timely access to appropriate care, keeps the individual at the center of care planning and treatment, provides care in a culturally competent manner, and continually uses system data to proactively improve the health of populations.	Provide person-centered and population-focused care by creating a system that facilitates timely access to appropriate care, keeps the individual at the center of care planning and treatment, provides care in a culturally competent manner, and continually uses system data to proactively improve the health of populations.
	Strategy(ies)

Foundational Element	Goal Statement	Strategy(ies)	Measures
Clinical Integration and	Treat the whole person by facilitating		
Care Coordination	access to an effective range of care		
	services, providing care in the most		
	appropriate setting, establishing team-		
	based care homes, and efficiently		
	coordinating care between service		

Foundational Element	Goal Statement	Strategy(ies)	Measures
Continuous Quality	Ensure the effectiveness/quality of	AND A STATE OF THE	
Improvement and	healthcare services by implementing a		
nnovation	clear, well-developed Continuous		
	Quality Improvement framework,		
	establishing evidence-based protocols		
	and guidelines, and empowering all		
	members of the care team to employ		
	innovative strategies to enhance		
	individual care experience and improve		
	outcomes.		

Foundational Element	Goal Statement	Strategy(ies)	Measures
Continuity of Information	Improve care delivery by designing and		
	implementing an effective health		
	information exchange (HIE) that		
	supports easy and timely access to		
	individual and system-level data in		
	order to inform point-of-care decisions,		
	track health outcomes, and evaluate		
	effectiveness of services,		

Goal Statement  Establish the foundation for a leading edge, integrated healthcare delivery system through comprehensive strategic, financial, and operational planning, system-wide alignment with goals and strategies, dedication of sufficient resources, and demonstration of accountability.
Strategy(ies)



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# **AGENDA Item III-B-5**

Discuss and take appropriate action on a new CCC Three-Year DSRIP Project.

# Three Year DSRIP Project Summary

**CenteringPregnancy Program**The Community Care Collaborative

# **General Information**

- African American women have significantly worse birth outcomes than their Caucasian or Latina counterparts. This is true nationally, in Texas, and in Travis County.
- This project will provide group-based prenatal care and education to at least 170 low-income African American women in Travis County via the CenteringPregnancy model.
- CenteringPregnancy provides women close together in gestational age with 10 two-hour group sessions, and individual meetings with their ob-gyn provider worked into meeting time.
- Sessions include facilitated discussions of topics related to pregnancy, birth and newborn care as well overall health and selfmanagement, handling stress, and relationships.
- Program outcomes include: increased rate and duration of breastfeeding; improved patient satisfaction; increased birth weights, and reduced preterm births\*.
- The **preterm birth rate** is the selected **Category 3** outcome.

# **Community Need**

- RHP 7 CNA: "Compared with Hispanic and White mothers, Black mothers ... have more than twice the rate of low birthweight babies and infant mortality."
- CN 12: Lack of adequate prenatal care
- Complements Seton OB Navigation, City of Austin MIOP and Healthy Families DSRIP Projects
- Provides prenatal group and clinical care that is not included in existing or proposed projects

# Patient Impact by Demonstration Year

Quantifiable Patient Impact	DY 3	DY 4	DY 5	Total
Total Medicaid/Uninsured	20	50	100	170 patients
Total Served in Project	20	50	100	170 patients
% Medicaid/Uninsured	100%	100%	100%	100%

# System Transformation and Likelihood of CMS Approval

- CenteringPregnancy achieves the triple aim: improves health outcomes, reduces the cost of care, and increases patient satisfaction.
- CMS just **awarded** over \$4m in "Start Strong" grants to new **CenteringPregnancy** sites.
- 100% of the women served will be low-income Medicaid or un/underinsured.
- Project addresses a glaring health disparity within our community with a proven intervention that can be replicated elsewhere.

# RHP 7 PROPOSED NEW 3-YEAR DSRIP PROJECTS

3YR Project Short Form – *UPDATED* 10/3/13

Performing Provider Name, TPI: Community Care Collaborative. 307459301

**Category 1 or 2 Project Option:** 2.7.3: Implement innovative evidence-based strategies to reduce low birth weight and preterm birth.

# **Brief Project Description:**

The preterm birth rate among African-Americans in central Texas mirrors the national rate, at about 16.8% births occurring before 37 weeks, compared to 10% for the White population. Preterm birth is highly correlated with low birth weight, infant mortality, and long-term disability; in Austin, African-Americans represent only 8% of births, but 14% of admissions to the NICU, and have a rate of infant mortality 2.5 times higher than Whites and Hispanics. (DSHS data) This disparity in birth outcomes is not only a pressing social justice issue, but also has a significant medical-economic impact.

This initiative will implement a *CenteringPregnancy* program tailored to meet the unique needs of the African American population. *CenteringPregnancy* is an evidence-based, multifaceted model of prenatal care that integrates three major components of care: health assessment, education and support. Following the IOM Rules for Healthcare Redesign, *CenteringPregnancy* offers these components in a unified program within a group setting designed to empower women to choose health-promoting behaviors and improve health outcomes for pregnancy. *CenteringPregnancy* care starts around the beginning of the second trimester and goes through delivery. Eight to twelve women with similar gestational ages meet together, learn care skills, participate in a facilitated discussion, and develop a support network with other group members. Specific topics covered in the group sessions will include: the importance of breast-feeding; finding social supports; birth spacing and contraceptive options. The practitioner, within the group space, completes one-on-one standard physical health assessments. Each Pregnancy group meets for a total of 10 sessions throughout pregnancy and early postpartum.

# **Project Goals:**

- 1. Enroll 170 women into the *CenteringPregnancy* program.
- 2. Reduce the preterm birth rate in our African American cohort.
- 3. Improve satisfaction with prenatal care by creating a patient-centered experience unique to the needs of the African American population.
- Create an evidence-based curriculum for CenteringPregnancy specific to African Americans which
  can be disseminated nationwide through the Centering Healthcare Institute, in the hopes of
  improving outcomes on a national level.

IGT Entity (please attach written confirmation from IGT Source): Central Health

# **Valuation**

Category 1 or 2 Valuation	Category 3 Valuation	Total

DY 3	667,643	74,182	741,825
DY 4	1,018,364	179,711	1,198,075
DY 5	1,281,751	631,310	1,913,061

# Description of Community Need(s) Addressed (Include Reference Number from the CNA Needs Table):

CN.12- lack of adequate prenatal care

## **Target Population:**

Pregnant African American women who are on Medicaid or are low-income uninsured.

# Anticipated Medicaid and Un/Underinsured Population Impact by DY:

DY3: 20 enrollees

DY4: 50 enrollees

DY5: 100 enrollees

# **Category 1 or 2 Expected Patient Benefits:**

170 pregnant African-American women will receive care under the model.

# Category 3 Outcome(s):

[IT-8.12] Pre-term birth rate: decrease the percent of births delivered preterm (singleton live births delivered with less than 37 completed weeks of gestation).

# Relationship (if any) to:

# Provider's existing DSRIP projects

None

# Other existing DSRIP projects in RHP 7

- 137265806.2.1 University Medical Center Brackenridge OB Navigation
- 176692501.1.1 St. Mark's Medical Center Expanding Access to Specialty Care (Obstetrics)
- 201320302.2.4 City of Austin Health & Human Service Department Prenatal & Postnatal Improvement Program
- 201320302.2.5 City of Austin Health & Human Services Department Healthy Families Program Expansion

# This project can be implemented immediately upon CMS approval:

Check one:

Yes	YES
No	

Include the number and description of the Improvement Milestone from the Category 1 or 2 menu you will implement in DY 3: I-5: Identify number or percent of patients in target population receiving innovative intervention consistent with evidence-based model.

3YR Project Short Forms due to sarah.cook@centralhealth.net by COB Friday October 11th.



October 22, 2013

# **AGENDA Item III-B-6**

Present and discuss CCC Financial Statements as of September 30, 2013.

# **Community Care Collaborative**

Financial Statement Presentation FY 2013 – as of September 30, 2013

**CCC** Board of Directors

OCTOBER 22, 2013



# General





- · Amounts subject to change
- September  $30^{th}$  end of fiscal year 2013
- Four months of operations June 1 Sept 30, 2013
- Audited financial statements as of September 30, 2013 to be produced

# **Balance Sheet**



## Assets

**Current Assets** Cash & Cash Equivalents 13,399,444 Total Current Assets 13,399,444 **Total Assets** 13,399,444

## Liabilities

Short-term Liabilities Accounts Payable 1,005,703 Total Short-tem Liabilities 1,005,703 **Total Liabilities** 1,005,703

## **Net Assets**

**Total Net Assets** 12,393,741

**Liabilities and Net Assets** 13,399,444

# Budget vs. Actual (preliminary) As of September 30, 2013

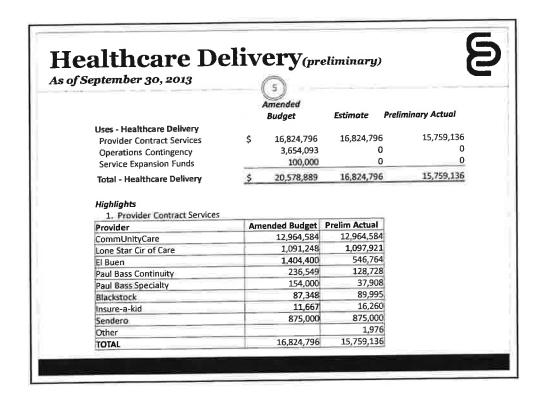


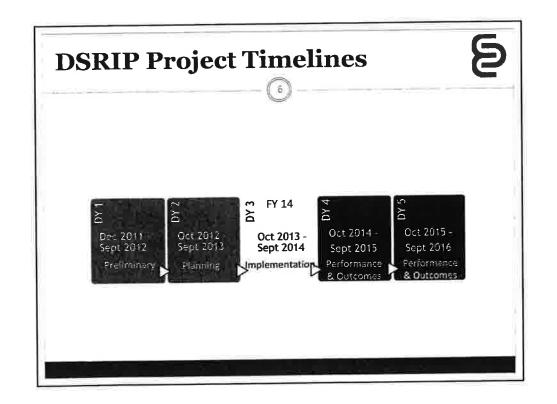
Sources	Amended Budget	Estimate	Preliminary Actual
DSRIP Revenue Seton Indigent Care Payments Central Health Indigent Care Payments	8,994,823 17,000,000 3,578,889	8,994,823 17,000,000 3,578,889	17,000,000
Total Sources	29,573,712	29,573,712	
Uses - Programs Healthcare Delivery DSRIP Project Costs	20,578,889 8,994,823	16,824,796 2,230,000	//
Total Uses	29,573,712	19,054,796	
Ending Balance	0	10,518,916	12,393,741

# Highlights

- 1. Total sources at Budget
- DSRIP DY1 Revenue
- Both Seton and Central Health Indigent Care Payments at budget
- 2. Uses
  - Healthcare Delivery approx. \$1m less than estimate
     DSRIP Project costs \$800,000 less than estimate
     DSRIP Project costs \$800,000 less than estimate

  - A portion of project management costs will be paid in FY 2014
     Fewer DY2 DSRIP contracts than estimated
- Anticipate \$12.5 m as beginning operations contingency in FY 2014





Questions? Comments?

Community Care COLLABORATIVE